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NEWSLETTER

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We aim to promote personal and social development of youth in Nunavik through outdoor intervention programs.

Nurrait | Jeunes Karibus
December 2023



Camping activities in the communities

Some teams organized their first camping outing of the 23-24 programming. Congratulations to the Umiujaq, Kangiqsujaq, Kangirsuk, Aupaluk and Kuujuaq teams! These camping outings allow the participants to experience meaningful time on the land and to begin their preparation for regional expeditions.



Field visits



November was a busy month for the coordination team! In all, 8 communities received a visit from a coordinator of the organization. The purpose of these visits was to help team leaders prepare for a camping trip and implement the Nurrayit program in their respective communities. Thanks to everyone who made these stays possible!



Ikaartuit documentary screening

This last fall the Ikaartuit documentary, made by Annie-Claude Roberge was launched in Kuujjuaq. Ikaartuit means: Caribous crossing the river, and can also symbolize getting through life's challenges by continuing the journey.

In the summer of 2022, eight teenagers and young adults from Kuujjuaq, Kangiqsualujjuaq and Kangirsuk took part in a two-week kayaking adventure. They paddled down part of the Koksoak River to Kuujjuaq, facing the challenges of the expedition.

Screenings were organized across Nunavik, in Kuujjuaq, Aupaluk, Kangirsuk, Salluit, Akulivik, Puvirnituk and Umiujaq. The documentary was also presented as part of the international conference Forest for Public Health and the Coexistence conference organized by Le Réseau. The documentary will soon be available online.

Thanks to ESUMA and the Gouvernement du Québec for supporting our programs, and thanks to the Sekoya production company for making this project happen.



Online Tuttuit meetings

Our Tuttuit internship program is aimed at young leaders from across Nunavik. Since September, we have offered trainees three training sessions. The first brought them together in Kuujuaq during the Team Leaders Training and the Wilderness first aid training. Two other training courses in virtual format were also offered with the aim of enhancing the internship experience and strengthening the spirit of community among these young leaders. We thank you for your participation!

Annual General Meeting

The Annual General Meeting of the Board of Directors of Nurrat | Jeunes Karibus was held on 25 November. We'd like to thank our Board members for taking the time to reflect on the organization's past, present and future. A lot of ideas came out of this meeting, we are grateful to have such a dedicated Board of Directors!

Mid-year meeting



From December 4 to 7, the coordination team met in Kuujjuaq to hold a mid-annual meeting. During these four days, the team took the opportunity to review the progress of the first half of our programs and to plan the busy spring and summer schedule.

Happy Holidays!

We wish you a meaningful Holiday season. We hope you will have the opportunity to ski, camp, celebrate with your loved ones, rest... in a nutshell, make this moment resourcing!

Our offices will be closed from December 23 to January 7, for well-deserved vacations. We look forward to seeing you again in 2024 to create new memorable moments for Inuit youth!

TO COME IN 2024

The coordination team will continue its visits to communities participating in the Nurrait, Initiation and Tuttuit programs. The purpose of these visits is to help the team leaders prepare for camping trips and expeditions.

It is with excitement that we share with you the expedition dates which will take place in spring 2024!

- **EXPEDITION IN TURSUUQ PARK (MARCH 18TH TO 22ND)**
- **CROSSING FROM AUPALUK TO TASIUJAQ (APRIL 8TH TO 12TH)**
- **EXPEDITION IN SALLUIT (APRIL 22ND TO 26TH)**